

# 2<sup>nd</sup> INTERNATIONAL CONFERENCE ON THE PREVENTION OF ALZHEIMER'S DISEASE (ICOPAD26) Brain Health Services Scale Up

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**Geneva, February 11-12, 2026**

Hôpitaux universitaires de Genève, Auditoire Jenny  
Rue Gabrielle-Perret-Gentil 4, 1205 Genève



# Background and objectives

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The first Conference on Brain Health Services for the Prevention of Cognitive Impairment and Dementia was held in Geneva in February 2024. In these second-generation memory clinics, **cognitively unimpaired persons** are assessed for their risk of developing cognitive impairment or dementia, are communicated their risk level, and receive interventions to reduce risk of impairment or even enhance their cognitive performance<sup>1</sup>. The results of the conference was a document outlining the challenges and opportunities to their **implementation in the clinic**<sup>2</sup>.

ICOPAD26 is the continuation of this effort and will convene those experts who are developing programs to deliver these interventions in clinical practice. Participants will learn about the conceptual framework underlying the notions of risk assessment, risk communication, risk reduction, and cognitive enhancement in cognitively unimpaired persons. They will also hear the experience of early adopters and how the concept is being implemented in the clinic, including the use of blood biomarkers, lifestyle interventions, and amyloid lowering and other prevention strategies. A workshop among early adopters (by invitation only) will close the event.



 [www.icopad.ch/en/registration](https://www.icopad.ch/en/registration)

## Useful readings

1. Frisoni GB, Altomare D, Ribaldi F, Villain N, Brayne C, Mukadam N, et al. Dementia prevention in memory clinics: recommendations from the European task force for brain health services. *Lancet Reg Health Eur.* 2023;26:100576.
2. Frisoni GB, Ribaldi F, Allali G, Bieth T, Brioschi Guevara A, Cappa S, et al. Brain health services for the secondary prevention of cognitive impairment and dementia: Opportunities, challenges, and the business case for existing and future facilities. *J Prev Alzheimers Dis.* 2025;100098.
3. Giovanni B Frisoni, Emil Aho, Carol Brayne, Olga Ciccarelli, Bruno Dubois, Nick C Fox, et al., *Alzheimer's disease outlook: controversies and future directions, The Lancet* 2025, Vol. 406, No 10510, p1424-1442.

# Programme

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## INTERNATIONAL CONFERENCE

For healthcare professionals, registration required

**February 11, 1:30 – 6:00 pm**

**1:30 Welcome address**

Professor Camilla BELLONE, Vice-dean, Faculty of Medicine, University of Geneva

Professor Christophe GRAF, Deputy Medical Director, Geneva University Hospitals (HUG)

Mr Robert MARDINI, CEO, Geneva University Hospitals (HUG)

His Excellency Gian Lorenzo CORNADO, Ambassador of Italy in Switzerland and in the Principality of Liechtenstein

Mr Pierre MAUDET, State Councilor for Health and Mobility, Canton of Geneva

**1:50 The vision of the 2024 BHS conference and the continuity into ICOPAD26**

Giovanni B. FRISONI, Miia KIVIPELTO

**2:15 Risk assessment and communication**

*Chair: Federica RIBALDI and Claudio BASSETTI*

2:15 Dementia prevention at population level and translation to the individual

Naaheed MUKADAM

2:35 Blood-based biomarkers

Niklas MATTSSON-CARLGREN

2:55 Risk communication

Leonie VISSER

**3:15 Break**

**4:10 Risk reduction**

*Chair: Giovanni B. FRISONI and Miia KIVIPELTO*

4:10 What's new in multidomain interventions

Augusto MENDES

4:30 Monoclonal antibodies and other drugs for cognitively unimpaired and presymptomatic individuals (ONLINE)

Eric MCDADE

**4:50 Cognitive enhancement**

*Chair: Giovanni B. FRISONI and Miia KIVIPELTO*

Non-invasive brain stimulation techniques for cognitively unimpaired individuals

Giacomo KOCH

**5:10 Comprehensive eHEALTH solutions**

Remote solutions for the implementation of dementia prevention strategies (ONLINE)

Kaarin ANSTEY

**5:30 Closing session**

General discussion and closing remarks

Giovanni B. FRISONI, Miia KIVIPELTO

**February 12, 8:30 am - 12:30 pm**

**8:30 Opening, setting agenda**

Federica RIBALDI

**8:40 Clinical roadmap**

*Chair: Frank JESSEN*

8:40 Pilot experiences

Federica RIBALDI

9:20 Challenges & feasibility

Stefano CAPPA

9:30 Funding & sustainability

Oriol GRAU

9:40 Joint European BHS initiatives

Ayda ROSTAMZADEH

**10:00 Break**

**10:30 Oral communications**

**11:30 Discussion**

*Chair: Francesca MANGIALASCHE*

**12:20 Closing session**

General discussion and closing remarks

Giovanni B. FRISONI, Miia KIVIPELTO

**12:30 Lunch**

## Credits and certificate of attendance

A certificate of attendance will be sent to each participant at the end of the event. The event entitles participants to

8 SPSG credits (Société professionnelle suisse de gériatrie)

8 SSN credits (Société suisse de Neurologie)

8 SSPP credits (Société suisse de psychiatrie et psychothérapie)

8 ASNP credits (Association suisse des neuropsychologues)

5 SSMIG credits (Société Suisse de Médecine Interne Générale)

## WORKSHOP

By invitation only

**February 12, 2:00 – 4:00 pm**

Hands-on session where small groups from pilot experiences will discuss protocols and activities.

## With the support of our sponsors



## Partners



# Invited speakers

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**Kaarin Anstey**, Professor, School of Psychology, UNSW, Senior Principal Research Scientist, Neuroscience Research Australia

**Claudio Bassetti**, Professor, Chair of the Swiss Brain Health Plan, Past President of the European Academy of Neurology, Professor and Dean of the Faculty of Medicine at the University of Bern

**Stefano Cappa**, Professor of Neuropsychology, Vita Salute S. Raffaele, University of Milano

**Giovanni B. Frisoni**, Professor, Director of the Memory Center at HUG, Geneva

**Oriol Grau**, MD, PhD, Leader of the Clinical and Risk Factors for Neurodegenerative Diseases Research Group at the BarcelonaBeta Brain Research Center, Barcelona

**Frank Jessen**, Professor, Director of the Memory Clinic at the University Hospital, Cologne

**Miia Kivipelto**, Professor of Clinical Geriatrics at Karolinska Institutet, Center for Alzheimer Research, Stockholm, and Imperial College London; Director for Research & Development of Theme Aging at Karolinska University Hospital, Stockholm; Founding Director, Chief Scientific Officer and Chief Medical Officer of FINGERS Brain Health Institute

**Giacomo Koch**, MD, PhD, Director of the Non-invasive Brain Stimulation Laboratory at IRCCS Santa Lucia, Rome and Full Professor at Department of Neuroscience at the University of Ferrara; member of the ETF-BHS

**Eric McDade**, Professor of Neurology, Washington University in St. Louis, Principal Investigator for the Dominantly Inherited Alzheimer Network (DIAN) study and Co-Director, DIAN Trials Unit

**Francesca Mangialasche**, MD, PhD, Geriatrician, Center for Alzheimer Research, Stockholm; Board Member of FINGERS Brain Health Institute

**Niklas Mattsson-Carlsson**, MD, PhD, Associate Professor, Deputy research team manager, Clinical Memory Research at Lund University

**Augusto Mendes**, PhD, Senior Postdoctoral Researcher at the Memory Center at HUG, Geneva

**Naaheed Mukadam**, Professor of Psychiatry at University College London and Consultant Psychiatrist, UCLH Mental health liaison team, Mental health of older people, Division of Psychiatry, University College London

**Federica Ribaldi**, PhD, Research and Teaching fellow at the Memory Center at HUG, Geneva

**Ayda Rostamzadeh**, MD, Director of the Cologne Alzheimer's Prevention Center at Cologne University Hospital, Cologne

**Leonie Visser**, PhD, Assistant Professor in Patient Engagement and Medical Communication at UMC Utrecht & Amsterdam UMC, affiliated to the Karolinska Institute in Stockholm.

**This programme is not final and maybe subject to change.**